Physical Education

Unit 5  Knowledge and Understanding for the Involved Participant

Preliminary Material

To be opened and issued to candidates on or after Monday 13 January 2014
Section B of the summer examination will consist of questions linked to the scenario below.

Fairwoods is a new outdoor and adventurous activity centre close to both the coast and a National Park. At the coast, sailing, windsurfing and canoeing take place, while rock climbing, mountain activities and orienteering take place in the mountains and forests of the National Park.

Fairwoods caters for a wide range of customers, from schools and clubs to elite performers, who may rise to the challenges that the surrounding natural environment presents. The centre has new activity-specific equipment and although the emphasis is on safe practice, an element of challenge and perceived risk still exists. It is residential and therefore suitable catering and accommodation are provided to meet the needs of the various users.

Harry has been appointed as the manager and will lead a large team of people who have different skills and personalities. Instructors for each activity are required to be suitably qualified and possess knowledge in terms of safety and good practice. He aims to create a team who will work together to make Fairwoods a safe and pleasurable place to visit. He intends to have regular staff meetings, which he will lead, in order to help the centre meet these aims.