

Monday 20 May 2019 - Morning

AS Level Physical Education

H155/02 Psychological and socio-cultural themes in physical education

Time allowed: 1 hour 15 minutes

No additional material is required for this Question Paper



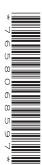
Please write clearly in black ink. Do not write in the barcodes.								
Centre number						Candidate number		
First name(s)								
Last name								

INSTRUCTIONS

- · Use black ink. HB pencil may be used for graphs and diagrams only.
- Answer all the questions.
- Read each question carefully. Make sure you know what you have to do before starting
- · Write your answer to each question in the space provided. If additional space is required, use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

INFORMATION

- The total mark for this paper is 70.
- The marks for each question are shown in brackets [].
- Quality of extended response will be assessed in the question marked with an *.
- This document consists of 16 pages.



Section A

Answer **all** the questions.

I	(a)	An e	elite gymnast performs a somersault in a floor routine to music.	
			ce an X on each continuum to show how the somersault would be classified. Explain you	ur
			Self-paced ← ➤ Externally paced	
		Pac	sing explanation:	
			Simple ← Complex	
		Diffi	iculty explanation:	
		Low	v organisation <	
		Org	anisation explanation:	
			r	 6]
	(b)	(i)	Describe the cognitive theory of learning movement skills.	οJ
	(5)	(-)	Describe the degritare theory of learning merement dame.	

	(ii)	Use an example to describe the cognitive theory of learning being applied in sport.	
			1]
(c)	Eva	luate the use of verbal and manual guidance for a beginner learning a movement skill.	
		[6]

(d)	(i)	Explain what is meant by the terms positive feedback and negative feedback, using sporting example for each.	ng a
		Positive feedback:	
		Negative feedback:	
			[2]
	(ii)	State one advantage and one disadvantage of using negative feedback.	

2	(a)	An fact		ive a positive or	negative effect on a performer de	epending on several			
			ntify whether the a	audience is more	ikely to have a positive or negative	e effect based on the			
		For	each factor circ	le your answer	and then explain your reason for ch	noosing this answer.			
		Exp	ert performer:	Positive	Negative				
		Exp							
			ss skill:	Positive	Negative				
		Ехр							
			nplex skill: olanation:	Positive	Positive Negative				
	(b)	(i)			rmation of a positive attitude in spo	[6]			
		(ii)		ways in which	persuasive communication migh				
			Use examples to	o support each of	your answers.				
						[3]			
						1.51			

Turn over

(c) Fig. 1 is a graph showing cognitive and somatic state anxiety levels up to, and during, the start of performance.

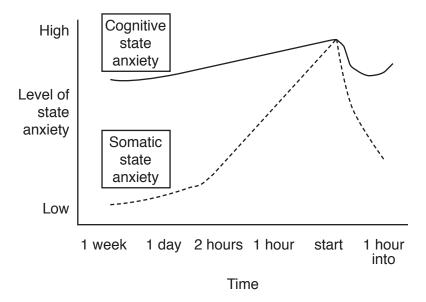


Fig. 1

Analyse the relationship between somatic and cognitive anxiety and their effect on the quality of performance.

Refer to Fig. 1 and your knowledge of catastrophe theory in your answer.

(d)	(i)	Define the term group.
		[1]
	(ii)	Describe the forming stage of group development in sport.
		[3]

(a)	In p	re-industrial Britain sporting activities were restricted by class and gender.
	(i)	Identify two activities that were seen as appropriate for upper class participation.
		Upper class:
		Upper class:
		Identify two other activities that were seen as appropriate for female participation.
		Female:
		Female:[4]
	(ii)	Explain why they were seen as suitable activities for upper class and for female participants.
		Upper class:
		Female:
		[2]
(b)	Puh	وتــــــــــــــــــــــــــــــــــــ
(5)		tworthiness within the team is one example of this.
		ng examples from public school team sports, identify two other qualities and explain how m games developed these.
	Qua	ality:
	Ехр	lanation:
	Qua	ality:
	Ехр	lanation:
		[4]

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Section B

- **4*** Using examples, outline the effects of arousal on sporting performance according to:
 - drive theory
 - inverted U theory.

Discuss t performan	he ice.	impact	that	global	media	coverage	of	sport	may	have	on	arousal	level	and [10]
			•••••											
			•••••										•••••	

12

ADDITIONAL ANSWER SPACE

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).						

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